

NEW



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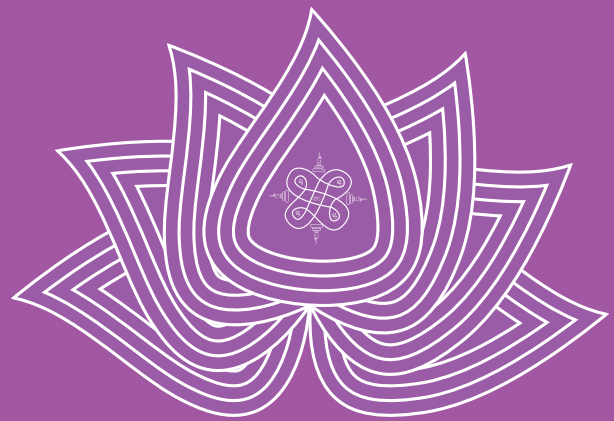


TABLE
THAI YOGA
MASSAGE



RITUAL
THERAPIES

Booking options:

call: 07847 255 537

email: caroline@ritualtherapies.co.uk

online: www.ritualtherapies.co.uk

or through the F R E S H A app



View all Ritual Therapy treatments and
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What is Table Thai Yoga Massage?

Traditional Thai Yoga Massage is an ancient healing art, handed down from teacher to pupil since the third century BC.

Thai Yoga Massage (TYM) uses an energy line system—the Ten Sen—through which the body's natural life force flows. Blockages in this life force cause aches, pains and disease.

I will use my hands, forearms and elbows to apply pressure to important points on the energy lines, together with gentle stretching. This releases blocked energy and frees the body's healing potential, restoring balance and harmony.



What are the therapeutic benefits of Thai Yoga Massage?

TYM treats ailments such as headache, knee pain, back, shoulder and neck pain, premenstrual tension and others. The treatment improves flexibility, relaxes, restores and energises.



Who is Thai Yoga Massage for?

Quite literally anyone. Each treatment is tailored to suit client needs. As the basic principle is to balance the energy body with palm and thumb pressure.



How long will the treatment last?

TYM is a 90 minute treatment, I recommend wearing loose fitting comfortable clothes (worn throughout the treatment).



How much does the treatment cost?

The 90 minute treatment cost is £65.00